

Multi-tabs 50+

Næringsindhold	Per daglig dosis (1 tablet)	RI%
Vitamin A	800 µg	100%
Vitamin D	10 µg	200%
Vitamin E	9 mg	75%
Vitamin C	75 mg	94%
Vitamin B1 (Thiamin)	0,94 mg	85%
Vitamin B2 (Riboflavin)	1,4 mg	100%
Niacin	15,5 mg	97%
Vitamin B6	1,15 mg	82%
Folsyre	300 µg	150%
Vitamin B12	2 µg	80%
Biotin	50 µg	100%
Pantothensyre	6 mg	100%
Calcium	250 mg	31%
Jern	9 mg	64%
Zink	8 mg	80%
Kobber	900 µg	90%
Mangan	1,8 mg	90%
Selen	45 µg	82%
Krom	40 µg	100%
Jod	150 µg	100%

RI = Referenceindtag