

Multi-tabs Family

Næringsindhold	Per daglig dosis (1 tablet)	RI%
Vitamin A	400 µg	50%
Vitamin D	5 µg	100%
Vitamin E	12 mg	100%
Vitamin K	75 µg	100%
Vitamin C	80 mg	100%
Vitamin B1 (Thiamin)	87 mg	79%
Vitamin B2 (Riboflavin)	4 mg	100%
Niacin	16 mg	100%
Vitamin B6	15 mg	82%
Folsyre	200 µg	100%
Vitamin B12	5 µg	100%
Biotin	50 µg	100%
Pantothensyre	6 mg	100%
Magnesium	75 mg	20%
Jern	10 mg	71%
Zink	10 mg	100%
Kobber	1000 µg	100%
Mangan	2 mg	100%
Selen	55 µg	100%
Krom	40 µg	100%
Jod	150 µg	100%

RI = Referenceindtag