

Multi-tabs Woman

Næringsindhold	Per daglig dosis (1 tablet)	RI%
Vitamin A	667 µg	83%
Vitamin D	10 µg	200%
Vitamin E	16 mg	133%
Vitamin K	24,5 µg	33%
Vitamin C	80 mg	100%
Vitamin B1 (Thiamin)	1,32 mg	120%
Vitamin B2 (Riboflavin)	2,1 mg	150%
Niacin	16 mg	100%
Vitamin B6	2,1 mg	150%
Folsyre	300 µg	150%
Vitamin B12	3 µg	120%
Biotin	62,5 µg	125%
Pantothensyre	7,5 mg	125%
Calcium	320 mg	40%
Phosphor	105 mg	15%
Magnesium	100 mg	27%
Jern	10 mg	71%
Zink	5 mg	50%
Kobber	0,5 mg	50%
Selen	30 µg	55%
Krom	40 µg	100%
Molybdæn	50 µg	100%
Jod	100 µg	67%

RI = Referenceindtag